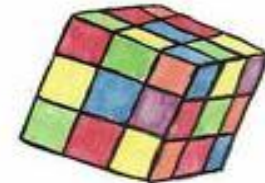


Facilitating solutions focussed dialogue to promote change in school communities

Joshua Couperus and Joanne Marshall

9th Educational Psychology Forum

"EVEN THE HARDEST
PUZZLES HAVE
A SOLUTION"



Age 25

Learning Intentions

- Bring this approach to the fore of your minds as viable to use when working with individuals, groups and school systems
- Share combined knowledge in the room to create energy and enthusiasm
- Networking



Opening questions

How will you know at the end of the hour that this workshop has been useful to you?

Imagine that this workshop does turn out to be helpful...
What small change will you notice about yourself?

What will others notice?

What are some things that will change in your thinking as a result of being here?

On a scale of 0 – 10, where “0” is “ I have no idea what solutions focussed conversations are” and “10” is “ I know everything there is to know about solutions focussed conversations”...

Where are you?

Why do you place yourself there and not higher?

Why not lower?

What would it take to move you just one step higher?

What is the solutions-focused approach?



Enables people to **build change** in their lives in the shortest possible time

It is a method for **talking** with clients

Believes that change comes from two principle sources:

Encouraging people to describe their **PREFERRED FUTURE**

and from detailing the **SKILLS** and **RESOURCES** they have already demonstrated

Activity



Share solution-focused practice examples with your group

Capture examples – the more detailed the better (prizes up for grabs!)

Include your name & email address if okay



Thank you!