

Event Details

Saturday 4 September 2010

The Contractile Field – the grammar of movement

Presented by: Phillip Beach, DO,DAC

This course presents a new model of human movement that draws extensively on embryology and evolutionary developmental biology.

For too long the knowledge base that manual therapists and the training community have used has been based on a cadaveric approach to anatomy. Muscles are painstakingly surgically isolated, named, and a movement action described. We then use that theoretical base to inform our practices. For example the biceps is isolated as a muscle and an expensive gym machine is produced that isolates that named muscle, and works it. The new millennium needs a better model.

Contractile fields are whole organism in scope. They are fields of contractility that are archetypal, meaning they can be traced back to the origins of vertebrate movement. Side-bending, flexion/extension, helical, radial, limb fields, fluid fields and chiralic fields will be described, delineated and field interpenetration discussed.

If you need to understand human movement this course will change the way you conceptualize and think about your work.

Location

Queenstown

The exact venue will be selected dependent on number of course registrants and you will be informed closer to the time.